



## STUDY POINTS

# Social and Behavioral Health Module

---

*MyEMCert study points can be used to focus areas of study and preparation. The study point does not contain specific information that would lead you to the diagnosis or correct answer but would instead direct you to learning and reference materials.*

### Social and Behavioral Health Study Points

#### General Considerations

- Treatment of a patient with a mental health emergency
- Treatment of a patient who lacks capacity for decision-making
- Optimizing communication with patients with mental health conditions
- Understand the principle of implied consent
- Treatment of patients with altered mentation
- Care and management of patients experiencing housing insecurity
- Recognize presentation of factitious disorders

#### Substance Use Disorders

- Diagnostic evaluation and treatment of opioid overdose
- Diagnostic evaluation and treatment of opioid use disorder (OUD)
- Disposition of patients with OUD
- Complications of OUD
- Treatment of alcohol withdrawal, including delirium tremens (including withdrawal-induced psychosis)
- Screening tools used to predict alcohol withdrawal severity
- Treatment of alcohol withdrawal seizures
- Pharmacology and clinical features of cannabis ingestion
- Recognition and treatment of cannabis hyperemesis syndrome
- Treatment of hallucinogen ingestion
- Recognize and treat benzodiazepine withdrawal
- Treatment of antipsychotic medication overdose
- Diagnostic evaluation and treatment of lithium toxicity

- Treatment of agitation associated with substance abuse
- Physical findings of methamphetamine abuse

### **Mood Disorders and Thought Disorders (including depression, suicide, and schizophrenia)**

- Diagnostic evaluation, recognition, and treatment of depression
- Treatment of postpartum depression
- Causes of and risk factors (including high-risk factors) for suicidal ideation
- Suicide risk assessment and stratification
- Treatment of patients with suicidal ideation
- Risk determination for safe discharge in a suicidal patient
- Treatment of an elderly suicidal patient
- Assessing advanced directives in a patient with suicidal ideation
- Treatment of patients with homicidal ideation
- Diagnostic evaluation and treatment of patients with hallucinations, delusions, and disorganized speech
- Medical direction to EMS personnel regarding delusional patient

### Children

- Recognition and treatment of self-inflicted cutting in adolescents

### **Neurotic Disorders**

- Diagnostic evaluation and treatment anxiety
- Recognition and treatment of patients with health anxiety disorder

### **Organic Psychoses (including Dementia)**

- Recognition of a delusional disorder
- Delusions secondary to Parkinson's disease

### **Agitation**

- Treatment of the agitated patient
- Pharmacologic treatment for patients with agitation, including violent agitation
- Treatment of the agitated elderly patient
- Pharmacologic treatment for elderly patients with agitation
- Treatment of altered mental status with agitation

### **Adverse Drug Effects**

- Recognition and treatment of serotonin syndrome
- Treatment for antipsychotic-induced akathisia
- Diagnostic evaluation and treatment of patients with adverse effects of antipsychotics

### **Violence and Exploitation**

- Diagnostic evaluation and recognition of interpersonal violence
- High-risk and lethal situations associated with intimate partner violence
- Differentiating fractures and other injuries associated with intentional abuse from nonintentional (accidental) trauma
- Recognition of elder abuse
- Diagnostic evaluation and treatment of suspected victims of elder abuse
- Recognition of patients at high-risk for being victims of human trafficking
- Treating suspected victims of human trafficking
- Documenting incidences of sexual assault
- Proper use of ancillary personnel to control, prevent, and respond to interpersonal violence in the emergency department

## Children

- Reporting mechanisms for suspected child abuse
- Documenting suspected child physical abuse

## **Psychosomatic Disorders**

- Recognition of somatic disorders
- Treatment of catatonia

## **Eating Disorders**

- Risk factors for, diagnostic evaluation, and treatment of eating disorders
- Complications from eating disorders

## **Pain Management**

- Treatment of chronic pain